

Te Puna i Keteriki

Moerewa School

TE KARERE O TE KURA

15 February 2018

Kia ora Whanau,

To our new whanau joining us this year, nau mai, haere mai, whakatau mai ki te kura o Moerewa.

To our existing whanau, kia ora ano, he mihi aroha ki a koutou i tenei tau hou.

Welcome back everyone.

We have made an awesome start to our year.

The staff are buzzing, the tamariki are buzzing, there is a real positive feeling in our kura right now, long may it continue.

National Standards have been formally abolished and I am looking forward to reporting to you and the Board of Trustees on areas of importance to our community, areas of the school curriculum that connect with who we are.

Along with reading, writing and maths, we are working on school-wide goals around Te Reo, Kapahaka and Mau Rakau, even sports and the Arts. We are trying very hard to ensure our tamariki see their world in their learning and not as something separate that they have to do, but will never use.

Finally, if you have any queries or concerns please raise them with us. We are trying very hard this year to improve our communication skills. We know being good listeners is a big part of that. So if you have a concern, please address it with your child's teacher in the first instance. After a time if you feel the issue has not been resolved, please bring it to the attention of the Team Leader of your child's whanau or myself.

Nga mihi mahana,

Jason Tane



Some Housekeeping. (aka the Boring but Important Stuff, so our office can run smoothly)

We do not have school fees but children still need to have stationery, uniform and to pay for one off events such as shows and trips.

- Stationery.** If you haven't received a stationery list yet please ask you child to collect one from the office. We have everything they need here.
- Class sets.** As a part of the stationery list we have a \$10 fee for class sets. This is to help keep costs down for each child but buys items such as glue sticks, colouring pencils etc that are shared in class. All children need to pay the class set fee.
- Tech fees:** There is a \$40 technology fee for year 7 and 8 pupils as they attend Food & Materials and workshop classes with Whaea Dot and Mr E. Please pay this as soon as possible.
- Uniform.** Most sizes are available though we do run out of some of the middle range of sizes. Please be aware that sometimes there is a wait.
- Lunches:** Should ordered by 8.50am every morning. Menu's available at office.
- Tuckshop:** Open at interval only. Flavoured Milk now \$1.20, . Moosies \$1, Juicies \$1, Milk Biscuits \$1, Chips \$1.50 and Water \$1.

Changed address / phone number?

Please contact us at the office to update any details. It is so important that we can contact caregivers in an emergency.

Bus Children: If children are changing from their regular routine and not catching the bus then we require a note from whanau first, otherwise we will expect them to catch the bus as per normal.

Rubbish Disposal: Pupils are now expected to take home any wrappings/ food packets etc that they bought to school with their lunch. The school can recycle food and yoghurt pottles but the rest is to go back home. Perhaps a small plastic bag could be out in their bags for them to put their rubbish in.

Absenteeism:

Absentee children are a real concern. We intend to get on top of this!

Moerewa School is now part of "Rock On", a combined truancy initiative in the Bay area, which will help us in our effort to keep on top of attendance. As part of this we will be ringing or texting caregivers everyday your child is absent without explanation. It is very important that you ring (08006637392 or 4041251) or text (021 08231476) to explain absences, remembering that you must give a valid reason to avoid children being recorded as truant. Constant or repeated absenteeism will be reported and followed up. With 'Rock On' you get two warning letters from school before the third is delivered to the home by Police Youth Officer (as in our Rock On agreement. We also use the Ministry of Education Attendance service when necessary.



Whanau Ra & Whanau Marama:

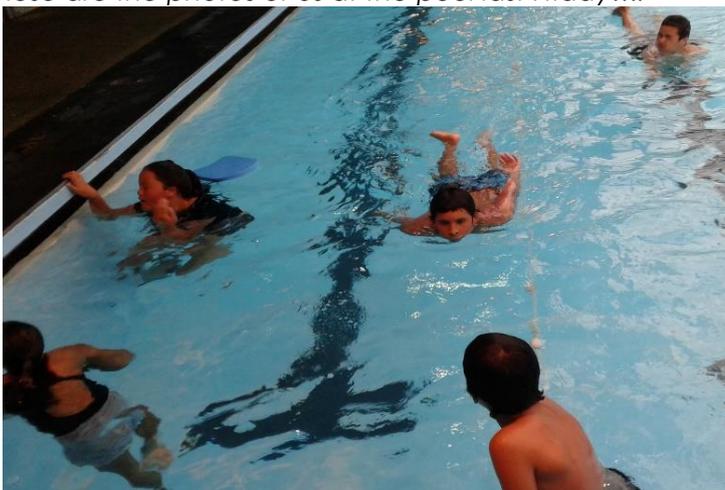
Welcome back to our Pou Whirinaki- Whaea Tang, Whaea Cassie and Whaea Debs.

Welcome also to all our new students and their Whanau.

This term Whanau Ra and Marama are building relationships with our students, Pou Whirinaki and Teachers. To begin this, we are having Whanau Fridays. (Where we swim together, play together and do Art together).

Years 8's began Technology this week on Tuesday with Whaea Dot and Mr E.

These are the photos of us at the pool last Friday....



SOCCER

PLAYERS

WANTED

GIRLS – BOYS

WOMEN – MEN

JUNIOR & SENIOR TEAMS

Just turn up
+/- BRING
YOUR BOOTS

RALLY DAY & SIGN UP

BAY COSMOS CLUBROOM – BOI COLLEGE

6PM THURSDAY 15TH &

22ND FEBRUARY

CONTACT: JOHN – 404 0426

Staff 2018

Principal:	Jason Tane
Deputy Principal	To be confirmed in Term 2
<u>Team Leaders</u>	
Senior Teacher Matariki	Lily Allsopp
Senior Teacher Ra / Marama	Aggie Tipene
Senior Teacher Kopunui	Anita Jones
Senior Teacher Technology	Dot Bolous
<u>Teachers:</u>	
Matariki Whanau:	Whaea Honey Tautari (Rm4) Whaea Lily Allsopp (Rm5) Whaea Sophie Brown (Rm3)
Ra Whanau:	Whaea Karen Williams (Rm14) Whaea Raewyn Davis (Rm16)
Kopunui Whanau:	Whaea Anita Jones (Rm9) Whaea Margie Mathews (Rm8)
Marama Whanau: Y8,9 & 10:	Whaea Aggie Tipene (Rm17)
Kopu Whanau:	Food Technology Teacher: Whaea Dot Bolous Workshop Design Tech: Matua Ian Edwards
Reading Recovery	Whaea's Andie Tane, Whaea TeMarino Kawiti-Martin
Release Teacher	Whaea Josie Thompson
<u>Support Staff</u>	
Teacher Aides:	Myrene King Debra Marsh Betty Reihana Sue Williams Cassie Bonney Daniel Tipene
Office Manager:	Jayne Barnett
Administration Assistant:	Jean Palmer
Caretaker:	Mike Scott
Gardener:	Wylie Keretene
<u>Resource Teacher of Maori :</u>	Huru Tipene
Oscar Supervisor:	Sue Williams
Oscar Assistants:	Betty Reihana

WAITANGI DAY

I woke up. It was Tuesday morning.

I roared "YAY ITS WAITANGI DAY"

I bolted down the hallway screaming and shouting "Wake up , wake up. We have to go to Waitangi. Everyone woke up and we were off. We parked at the gas station and strolled to Waitangi.As soon as we arrived I got a humongous cotton candy on a stick and munched it all up. We went to all the stalls and ate lots of food it was so much fun. Later on in the day we went to the beach had a swim and had fish and chips.They were delicious .

**By Bailee
Year 6
Room 4**

SPOTLIGHT ON ROOM 3



" YES school is back" said the tamariki and most parents.

Welcome back to all our whanau we are very excited and looking forward to some awesome learning in room 3 this year. Whanau are always welcome to pop in and come visit any time so Nau mai haere mai.

Becoming educated is a lifelong process. It can be hard and frustrating at times, but it can also be incredibly exciting and enriching.

KOPUNUI - A reminder that we are having our first whanau hui of the Term at 5.00pm this afternoon after school in the staff room. We are all bringing korero, patai and a plate to share. We hope to see you there. Nga mihi Margie & Anita

Some of our Year 7's enjoying their first day in our Food and Materials



Dental Service

The school dental service is to switch back to Northland District Health Board Oral Health Services as from 1 March 2018. They can be contacted on 0800MYTEETH.

From now until the end of February, if your child is suffering from toothache or is in pain because of a dental issue, please contact Hauora Whanui on 09 4041551 to make an appointment. The mobile dental unit nearest you is parked at Kawakawa primary school.

Nits? – we have lotion and combs available at school for this. Please just ask.

From Whaea Dot:

The health of our Whanau is important. Choosing packet food for your children's lunches can be difficult as processed packaged foods these days can be high in fat, sugar and salt. It is important that we know exactly how much of these is in what we are eating. Reading the food labels enables us to choose foods that meet the *National Heart Foundation* guidelines.

When looking at **nutrition information panel** on food products, look for the column that says **per 100gs (grams)**, then use the guideline below to help you make a healthier choice.

Your snack should have less than the amounts listed below.

Nutrient	Qty Per 100g
Fat - total	Less than 10g
Fat - saturated	Less than 2g
Sugar	Less than 10g
Sodium (Salt)	Less than 400 mg
Fibre	Greater than 5g

Here is an exercise for you to do for fun.

Nutrition Information Panel – Muesli Bar.

	Quantity Per Serving (45g)	Quantity Per 100g
Energy	723kJ	1610kJ
Protein	3.6g	8.1g
Fat - total	7.9g	17.6g
Fat - saturated	2.3g	5.0g
Carbohydrate – total	21.6g	48.0g
Sugar	6.7g	18.9g
Sodium (salt)	14mg	31mg
Fibre	2.1g	4.7g

INGREDIENTS: Cereals, wholegrain oats, barley, rice bran oil, brown sugar, glucose syrup, coconut, cinnamon, vegetable fat, colour (caramel), seeds 10% (sunflower, sesame, pumpkin), raising agent (504)

Does the muesli bar:

- meet the total fat guideline? **Y / N**
- meet the saturated fat guideline? **Y / N**
- meet the sugar guideline? **Y / N**
- meet the sodium guideline? **Y / N**
- meet the fibre guideline? **Y / N**

If you complete this correctly, you will see that this muesli bar has mostly **NO** for each, which means it is not the best choice.

OSCAR HOLIDAY PROGRAMME Dec 2017

Even though we only had 4 days, they were filled with fun and pressies. Tamariki got to make christmas decorations like santa faces, wooden gift tags (thank you Mr E), we also had movies and pizza. The last day we had a pool party which included lots of kai and presents. Thank you to Te Kura Kaupapa Maori o Taumarere for the use of pool and kitchen.

Reminders:

BREAKFAST CLUB during school days from 7.30am..FREE

AFTER SCHOOL CARE: Available school days 3pm to 5pm, contact Staff for more information, you may be eligible for financial assistance. This is open to children at others schools too.

THANKS TO WHANAU FOR YOUR CONTINUED SUPPORT...

Whaea Sue and Whaea Tang



Newsletter Prize

Matua Jason has said that there will be a really cool prize at the end of each term drawn from the number of signed and returned newsletter slips, so please once you have read the newsletter sign and give to your child to return to school. Doing this for every newsletter that goes home in the term will increase their chances of winning but we do ask that you read the newsletters first please.

✂-----✂-----✂-----✂-----✂-----

I, (caregiver) have read the newsletter and would like my children _____ to be included in the prize draw at the end of term.

Signed _____ Date _____

Caregiver

15 February 2018

CHOOSE A VARIETY OF FOODS EVERYDAY

Enjoy the recommended number of serves from each food group

DRINK PLENTY OF WATER
6+ glasses per day



PROTEIN

Legumes, nuts, seeds, fish and other seafood, poultry, and/or red meat with fat removed.

1 - 2 serves*

VEGETABLES & FRUIT

At least 3 serves of vegetables & 2 serves of fruit



TREATS

Choose these occasionally and in small amounts*
It is not a TREAT if we eat these everyday

CARBOHYDRATE

Bread, cereals, rice, pasta, noodles (preferably wholegrain)
At least 6 serves*



DAIRY

Milk, cheese, yoghurt (preferably reduced fat)
2 serves*

Know your Portions



What's on your joint plate?

BALANCE YOUR PLATE

1/2 Vegetable
1/4 Protein
1/4 Carbohydrates

Nestlé healthy activeKIDS
A healthy tomorrow for today's children

www.healthyaactivekids.co.nz



For more information see www.healthyaactivekids.co.nz
*Recommended number of serves based on Ministry of Health, Food and Nutrition Guidelines.